



### **COVID-19 Resource Guide**

#### Rose F. Kennedy Children's Evaluation and Rehabilitation Center

Please refer to the resources below for information related to the ongoing COVID-19 situation. Resources are listed by area: NYC - Local, NY - State, and National. Each resource is listed by its target audience: Children/Youth, General COVID, Individuals with Disabilities, Older Adults, and Plain Language. Plain language is for all reading levels. Resources are in English unless otherwise noted.

Resource information is subject to change.

## NYC - Local

Link to Resource	Description	Audience
Advocates for Children	Special education services; remote learning and device usage	Children/Youth; Individuals with Disabilities
American Museum of Natural History	Children's interactive games, stories and, videos	Children/Youth
Google 3D	Children's interactive animal games	Children/Youth
Human Resources Administration (HRA)	Book online appointments for SNAP, housing, and childcare <i>Multiple languages</i>	General COVID
Imágenes Educativas	Spanish language tips for children's hygiene and health	Children/Youth
Little Puddins	Plain language explanation of COVID-19 for children and people with special needs	Children/Youth; Individuals with Disabilities
Montefiore Medical Center	English and Spanish hotline for COVID-19 questions <i>English/Spanish</i>	General COVID
New York City Department of Education (NYC DOE)	Meal pick up information for NYC school children	Children/Youth
New York City Government (NYC GOV)	Recent guidance and NYC case data Information on COVID-19 prevention	General COVID
NYC Department of Health - Early Intervention (NYC DOH EI)	Early Intervention - Referral for children 0 to 3-year-olds showing signs of developmental delay	Children/Youth
NYC DOE Remote Learning Device Request	Obtain tablets and internet access for disadvantaged students <i>Multiple Languages</i>	Children/Youth
NYC Food Delivery Assistance	Meal delivery information for people at medical risk or homebound	Individuals with Disabilities
NYC Schools Account	Check your child's grades, test scores, enrollment history, and more <i>Multiple Languages</i>	Children/Youth

Preparation of this guide was supported by a grant from the U.S. Department of Health and Human Services, Agency for Community Living (Grant #90DDUC0035) to the University Center for Excellence in Developmental Disabilities at the Rose F. Kennedy Children's Evaluation and Rehabilitation Center.





NYU Langone Health	Meet the challenge of school closures for parents	Children/Youth
QNS COVID Resources	Resources on food assistance, housing, unemployment, and education	General COVID
The Child Mind Institute	Tips for mentally and physically supporting teenagers and young adults English/Spanish	Children/Youth
The New York Academy of Medicine	Tips for assisting older neighbors	Older Adults
The New York Immigration Coalition	General information; includes sections on immigration, social services, and civic engagement <i>Multiple Languages</i>	General COVID
YMCA of Greater New York	Workout videos, family activities, and wellness tips <i>Multiple Languages</i>	General COVID; Children/Youth
ZERO To THREE	Tips to best care for young, school-aged children at home	General COVID; Children/Youth

# NY - State

Link to Resource	Description	Audience
Live on NY	Food bank and supermarket locator	General COVID; Older Adults
NYS Government	New York State guidelines for COVID-19 'Pause'	General COVID
NYS Office Of Mental Health (OMH)	Mental health tips, hotline, and volunteer options <i>Multiple Languages</i>	General COVID
NYS Office of Mental Health (OMH)	Managing stress and anxiety	General COVID
NYS Office for People with Developmental Disabilities (OPWDD)	Go-to webpage for people with Intellectual and Developmental Disabilities (IDD)	General COVID; Individuals with Disabilities
NYS Education Department (NYSED)	NYSED homepage for COVID-19 information	General COVID
NYS Department of Health (DOH)	Food bank locator for New York State by region Multiple Languages	General COVID

# **National**

Link to Resource	Description	Audience
Academy of Nutrition and	Nutrition-related resources English/Spanish	General COVID
<u>Dietetics</u>		

Preparation of this guide was supported by a grant from the U.S. Department of Health and Human Services, Agency for Community Living (Grant #90DDUC0035) to the University Center for Excellence in Developmental Disabilities at the Rose F. Kennedy Children's Evaluation and Rehabilitation Center.





Administration for Community Living (ACL)	Frequent updates about COVID-19 for people with disabilities and older adults English/Spanish	General COVID; Individuals with Disabilities; Older Adults
CDC Ready Wrigley Books	Plain language children's books on emergency preparedness <i>Multiple Languages</i>	General COVID; Plain Language; Children/Youth
Centers for Disease Control and Prevention (CDC)	Daily updates and news from the nation's health protection agency	General COVID
Centers for Disease Control and Prevention (CDC)	How to cope and control your mental health English/Spanish	General COVID
Centers for Disease Control and Prevention (CDC)	Talking to kids about coping with disaster through a storybook	Children/Youth; General COVID; Plain Language
Centers for Disease Control and Prevention (CDC)	Talking to kids about coping with disaster through a storybook	Children/Youth; General COVID; Plain Language
Coronavirus Support Network	Updated information on Frequently Asked Questions (FAQs)  English/Spanish/Portuguese	General COVID
FREE Wi-Fi Providers	Providers offering Wi-Fi or special accommodations <i>English/Spanish</i>	General COVID
Health Resources & Services Administration (HRSA) Maternal and Child Health (MCH) Bureau	Federal government COVID-19 website for mothers, children, and families <i>Multiple Languages</i>	General COVID; Children/Youth
International OCD Foundation	English and Spanish information on COVID- 19's impact on people with Obsessive Compulsive Disorder <i>English/Spanish</i>	Individuals with Disabilities
Mind Heart.co	Plain language, COVID-19 storybook in multiple languages <i>Multiple Languages</i>	Children/Youth; General COVID
National Association of the Deaf	Resources for people with hearing impairments <i>English/Spanish</i>	General COVID; Individual Disabilities
National Federation of the Blind	Resources for people with visual impairments	General COVID; Individual Disabilities
PBS KIDS	Kid-friendly cartoon that talks about germs and disease	General COVID; Children/Youth
Scholastic Learn at Home	K-12 activities, resources, and strategies for remote learning <i>English/Spanish</i>	Children/Youth
Self Advocacy Resource and Technical Assistance Center (SARTAC)	English and Spanish plain language information sheets <i>English/Spanish</i>	General COVID

Preparation of this guide was supported by a grant from the U.S. Department of Health and Human Services, Agency for Community Living (Grant #90DDUC0035) to the University Center for Excellence in Developmental Disabilities at the Rose F. Kennedy Children's Evaluation and Rehabilitation Center.





Social Security Administration	FAQs related to income and benefits in multiple languages <i>Multiple Languages</i>	General COVID
Substance Abuse and Mental Health Services Administration	Coping and hotline information for people with substance use and mental health concerns	General COVID
The American Academy of Developmental Medicine & Dentistry (AADMD)	Resources for serving people with Intellectual and Developmental Disabilities (IDD)	Individuals with Disabilities
The American Academy of Pediatrics	Pediatrician recommended COVID-19 resources Scroll for advice for parents	General COVID
The ARC	COVID-19 resources for people with disabilities and families <i>Multiple Languages</i>	General COVID; Individuals Disabilities
The National Child Traumatic Stress Network	Traumatic stress centered resources for families <i>Multiple Languages</i>	General COVID; Children/Youth
U.S. Census Bureau	Frequent updates about COVID-19 and impact on the 2020 Census <i>Multiple Languages</i>	General COVID
U.S. Department of Agriculture (USDA)	Frequently Asked Questions (FAQs) related to food, agriculture, and trade	General COVID
U.S. Department of Education (DOE)	General education information for teachers and parents <i>Multiple Languages</i>	Children/Youth
World Health Organization (WHO)	Daily updates from the United Nations' (UN's) trusted health organization <i>Multiple</i> Languages	General COVID